

SHAME LESS!

FESTIVAL OF ACTIVISM
AGAINST SEXUAL VIOLENCE

27 November 2021
Battersea Arts Centre

Presented by WOW -
Women of the World and SHaME

#ShamelessFestival



SH+ME

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Supported by



#SHAMELESSFESTIVAL

WELCOME TO SHAMELESS! FESTIVAL



We want to wholeheartedly thank everyone who has come today to join this collective experience to address the global crisis of sexual violence head-on. Over the course of this day-long festival (and beyond), we encourage everyone to use their hope and bravery to imagine new ways of creating rape-free worlds - and believe that such a world can exist.

We founded Shameless! Festival to combine arts, activism and academia to confront and change attitudes

towards sexual violence. Over three years, WOW and SHaME will work together to tackle challenging subjects and forge a better future through the power of festivals. By being here today, you're lending your voice to the need for change. We want this festival to be a real turning point, and today will give us all the tools and stamina to make change happen.

SHaME's Professor Joanna Bourke and WOW CEO Jude Kelly CBE, Founders of Shameless! Festival

ABOUT SHAME

The Sexual Harms and Medical Encounters (SHaME) project explores the role of medical and psychiatry in understanding and dealing with sexual violence. SHaME is directed by Professor Joanna Bourke, funded by the Wellcome Trust, and based at Birkbeck, University of London.

Our research is interdisciplinary and spans both historical and contemporary perspectives. We have particular expertise in global aspects of sexual violence, as well as regional specialisms focusing on the UK, US, France, Ghana and Kenya. Our research begins with the experiences of victims/survivors of sexual harms, both in terms of the medical examinations and psychological aftermaths of harm, followed by the role of medical experts in legal settings and in developing knowledge about the perpetrators of sexual violence.

Specific areas of research include global histories of gendered violence (Joanna Bourke), child sexual abuse (Ruth Beecher), colonial legacies (Rhian Keyse), HIV/AIDS (George Severs), socio-medical support (Adeline Moussion), the uses of medical evidence in court (Emma Yapp), university activism (Charlie Jeffries), and native American women in US Federal policy (Allison McKibban). Each of these research projects feed into collaborative

debates around the role of police doctors/Forensic Medical Examiners, medicine and law, psychiatry, and the aftermaths of sexual harms.

SHaME also engages with wider publics (Rhea Sookdeosingh), bringing together diverse communities of survivors, medical, psychiatric and legal professionals, artists, and activists in transformative programmes of talks, performances and workshops. The project is a powerful example of how scholarship can inform contemporary debates.

SHaME's purpose is to change societal attitudes towards sexual violence, coercion, and control of vulnerable groups. We aim to move beyond shame to address this global health crisis. Instead of shame, we advocate for empowerment and knowledge. We work towards creating a rape-free world.

Find out more at shame.bbk.ac.uk

**SEXUAL
HARMS
+
MEDICAL
ENCOUNTERS**

ABOUT THE WOW FOUNDATION



The WOW Foundation exists to build, convene and sustain a global movement that believes a gender equal world is desirable, possible and urgently required.

WOW - Women of the World was founded by Jude Kelly in 2010, when the first WOW Festival took place at Southbank Centre. Eleven years on, WOW is the biggest, most comprehensive festival dedicated to gender equality. WOW Festivals celebrate women, girls and non-binary people, and take a frank look at the obstacles they face. Through festivals, events, schools programmes and more, WOW challenges the belief that gender equality has already been achieved – and hopes to join the dots between people, movements and ideas to change the world.

To date, WOW has staged over 100 festivals and events across six continents, reaching more than three million people.

If today leaves you wanting more WOW, here's three ways you can get involved:

1. Book for London's WOW Festival from 11-13 March at Southbank Centre (details on our website).
2. Listen to The WOW Podcast with Jude Kelly from wherever you get your podcasts!
3. Sign-up to become a WOW Changemaker. You'll help us unite people around the world; opening up conversations to tackle the barriers women, girls and non-binary people face. Our collective activism supports people to imagine the change they want to see, and inspires them to take urgent action towards gender justice.

Find out more about WOW and sign-up to our newsletter at thewowfoundation.com

CREDITS

Shameless! Festival is produced by SHaME and WOW - Women of the World

SHaME Team

Ruth Beecher **Lecturer in Modern History**
 Joanna Bourke **Principal Investigator**
 Charlie Jeffries **Postdoctoral Research Fellow**
 Rhian Keyse **Postdoctoral Research Fellow**
 Allison McKibban **PhD Candidate**
 Adeline Moussion **PhD Candidate**
 George Severs **Postdoctoral Research Fellow**
 Rhea Sookdeosingh **Public Engagement and Events Coordinator**
 Emma Yapp **PhD Candidate**

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BSL Interpreting Sharan Thind & Rebekah Spencer, Performance Interpreting

Captioning My Clear Text

Thank you to Shameless! Festival's supporters Wellcome Trust and Birkbeck, University of London, and The WOW Foundation's Global Founding Partner Bloomberg and Global Partner Mastercard for their year-round support of WOW. The organisers would like to thank Battersea Arts Centre, all of the speakers, performers and staff working today, The Survivors Trust, TEA Films, Ellie Kurttz, Daniella Jenkins, Marcelle Akita, Catherine Riley, Anne Marshall, Karen Peterson, Jo Thompson, Kacherelle Brown, Kaya La Bonte-Hurst, Nikki Silver, Amélie Carbonnelle, Joy Bright, Jenni Bonner, Davina Dobbs, The Feminist Bookshop, Beyond Equality, Sistah Space, Black Mind, Decolonising Contraception and PACE Security.

Colouring Sheets have kindly been designed and donated to the Shameless! Festival by award-winning artist Erin Aniker. Erin is raising funds for The NIA Project via a charity print available at erinaniker.com. The Nia Project deliver services for women, girls and children who have experienced sexual and domestic violence.

The WOW Foundation

Sabeena Akhtar **Senior Programmer**
 Colette Bailey **Executive Director**
 Lou Brodie **Project Manager**
 Riah Charles **Programming and General Assistant**
 Cathryn Fenton **Projects Assistant**
 Cat Foley **Project Facilitator**
 Linsey Hall **Production Manager**
 Jude Kelly **CEO and Founder**
 Charlie Marshall **Head of Communications and Marketing**
 Domino Pateman **Director of Festivals and Programmes**
 Shereen Perera **Senior Producer**
 Laura Schofield **Executive and Operations Manager**
 Elora Tescari **Project Facilitator**
 Laura White **Trusts and Foundations Manager**

WHAT'S ON

On the following pages, you'll find details of all the sessions your festival pass gives you access to at Shameless! Festival. We hope you'll enjoy exploring the programme.

Many of the sessions will be addressing sensitive and difficult topics. We want you to feel free to leave events at any time without apology if you need to take a break. If you'd like to talk to someone for support, we have qualified therapists on site - please head to The Survivors Trust stall in the Shameless! Festival Marketplace in the Grand Hall. The Survivors Trust's free helpline is also operating extended hours today - you can call 08088 010818 from 10am-5pm to speak to a specially trained helpline worker.

We are following the WOW Code of Conduct for this event. It asks that everyone at the festival - whether they're here to listen, perform, speak or work - commit to treating all speakers, attendees and staff with care, respect and kindness. We want this festival to be a space where everyone can learn, share and be together safely and with dignity. Please turn to page 26 to read it in full.

Because of the limited capacity of the events in the Committee Room and Elm House, places will be offered on a first come first served basis so we recommend arriving early.

All events in the Grand Hall will be live captioned by My Clear Text.

Please note: All information in the brochure is correct at the time of going to print, and line-ups may be subject to change.

All Day

Shameless! Festival Marketplace

Come and explore the Shameless! Festival Marketplace. There will be stands from the festival organisers - **WOW** and **SHaME**. Plus **Beyond Equality**, **Decolonising Contraception**, **The Feminist Bookshop**, **Sistah Space**, **Black Mind** and **The Survivors Trust**. If you need support during the day, please head to The Survivors Trust stall to speak to one of the on-site therapists.

Grand Hall

10am-10.15am

Opening Session: Stand And Be Counted

Join Shameless! Festival Founders **Professor Joanna Bourke** and **Jude Kelly** for a powerful opening session and frank conversation on attitudes towards sexual violence, the dangers of it being so normalised - and why a festival like this one can help change the conversation.

Featuring a performance by **Amies Freedom Choir**, a choir specifically for female survivors of human trafficking who provide a space where participants can make use of the therapeutic power of group singing to build confidence and make supportive friendships. *Please do not take any photos of the choir.*

Grand Hall

10.20am-11.15am

Breaking Convention with Creativity: Reclaiming the Lost Voice in Therapeutic Space

Join panel host Poet and Clinical Psychologist **Sanah Ahsan** in conversation with Clinical Psychologists **Dr Isabella Girling** and **Dr Anna Churcher Clarke**, Assistant Psychologist **George Yerbury** and Poet/Performer **Sunnah Khan**, with the voices of **Healing Wounds** young women's group. They will be reflecting on the joys and challenges of working in creative ways in a clinical setting with young women who have experienced sexual violence. Includes a film of poetry by the Healing Wounds group.

Recreation Room

10.20am-11.15am

Everyday Sexual Violence and What We Can Do About It

Sexual violence, the sexualisation of women's bodies and so called 'low level harassment' is familiar to us all. But why is it so normalised, and what can we do about it? We discuss the challenges, fears and experiences of our panel of speakers, and their determination to shift the conversation away from victim blaming and into a community led demand for wholesale change.

Speakers include survivor and award-winning author **Winnie M Li**, activist and author **Laura Bates**, co-founder of The Triple Cripples **Jumoke Abdullahi** and **Payzee Mahmood**, IKWRO Campaigner. *No photos allowed during this session.*

Grand Hall

10.20am-11.00am

SHaME Rethinking Resistance: Forced Marriage, Colonial Histories and Empowered Futures

Dr Rhian Keyse offers a drop-in clinic for people to come and hear about the histories of forced and early marriage in sub-Saharan Africa. Rhian will trace the history of international concerns around these issues as a form of sexual violence, pointing to ways in which current policy debates continue to be informed by the colonial past, and how we might reorient our responses.

Waiting Room

10.20am-11.15am

Triggered: On Material Triggers and Memories

From smear tests and speculums to everyday objects and memories, there are any number of triggers that survivors may encounter on a day to day basis. Our expert panel of survivors discuss how to navigate life without trigger warnings, and the impact triggers can have. Is there a better way to provide due care and attention to survivors? How do we manage flashbacks and re-traumatisation? How can we support loved ones who might be triggered? This session includes an expert sharing tips to help spot and manage flashbacks, and ground ourselves following triggers.

Panel includes Journalist and survivor **Olivia Petter**; **Dr Maryyum Mehmood**; survivor and speaker **Mamatha Isha Sumah**; therapist **Concetta Perot** and **Lucia Osborne-Crawley**, author of *My Body Keeps Your Secrets*.

Members Bar

10.20am-11.15am

Workshop How to Be a Supportive Friend

Facilitated by **Yas Necati**, this session is a space for us to come together and talk about how we support our loved ones when they are experiencing, or have experienced, abuse. We will think about what our loved ones need from us, what we need from ourselves and how to be there as best we can. It's also a space for us to share personal experiences and knowledge, if we want to.

Due to the participatory nature of the sessions taking place in the Committee Room, audience members should be aware that they may experience or encounter the disclosure of sensitive material.

Committee Room



Yas Necati

10.20am-11.15am

SHaME

History Investigators

Come and work with researchers to document well-known and less well-known resistance to sexual violence in the last century or two. From the official records to the everyday acts that made a difference. Examine sources, analyse evidence, guess at dates and add the events you feel are important to our timeline of resistance. Who do you think has been important in the fight to create a rape free world and to change attitudes to sexual assault and harassment? Feminists, doctors, ordinary people, lawyers, the media, academics - who will you add to the list? What role did race and ethnicity, age, class, gender and disability play in the struggle? This session is led by **Dr Ruth Beecher**.

Content warning: This workshop will examine the histories of sexual violence against adults and children. We will not be using graphic or explicit sources, but the session will include looking at newspaper accounts and other historical sources where the language or ideas used in earlier time periods may be offensive to the contemporary reader.

Elm House

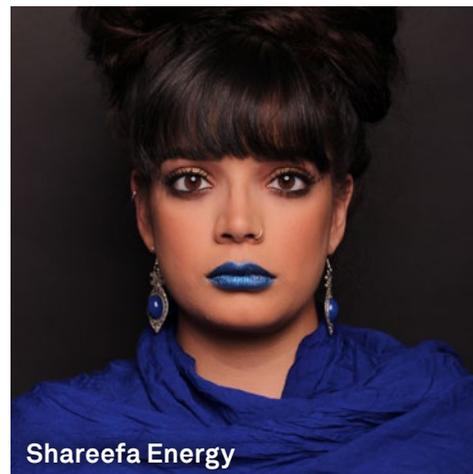
11.15am-11.30am

Hope Box

Shareefa Energy

Shareefa Energy, spoken word artist and author of *Galaxy Walk*, performs moving poetry on sexual violence.

Grand Hall Hope Box



Shareefa Energy

11.30am-12.30pm

Workshop

Healing Circle for Survivors of Childhood Sexual Assault

Led by Survivors Trust therapist **Joy Bright**, this session will offer a safe and supportive environment for survivors of childhood sexual assault to come together. The space will be confidential and participants will have the opportunity to share their knowledge and coping mechanisms with each other in an effort toward collective healing.

Due to the participatory nature of the sessions taking place in the Committee Room, audience members should be aware that they may experience or encounter the disclosure of sensitive material.

Committee Room

11.30am-12.30pm

On the Front Line

How do we cope when our crisis centres are in crisis? Cuts to vital provisions have affected services across the UK, but when services are already thin on the ground, how can we provide and access fully inclusive care to those who need it most? This panel of experts discuss the current crisis and what steps must be taken to ensure that all communities are adequately supported.

Panel includes Rape Crisis Edinburgh CEO **Mridul Wadhwa**; Clinical Director and Forensic Physician **Dr Catherine White OBE**; Director of End Violence Against Women Coalition **Andrea Simon**; and **Dr Rabiya Majeed-Ariss** from Saint Mary's Sexual Assault Referral Centre, Manchester. Chaired by WOW Founder **Jude Kelly**.

Grand Hall



Dr Rabiya Majeed-Ariss

11.30am-12.30pm

Power

Sexual violence is one extreme example of the exercise of power. Power dynamics continue to dominate in the aftermath of sexual assault too - how it's reported, how it's prosecuted, how we speak about it, and how we pick ourselves up and live with it. Writer and campaigner **Caitlin May McNamara**, author **Leah Cowan**, former prisoner and poet **Brenda Birungi** and the Deputy Leader of the Women's Equality party **Tabitha Morton** explore what we can all do to rebalance power dynamics in how sexual violence is handled. This session closes with a poetry performance by **Lady Unchained**, poet Brenda Birungi.

Members Bar

11.30am-12.30pm

Rape as a Weapon of War

Sexual violence is an internationally recognised war crime, but what do we do when nation states and justice systems fail us, and rape is authorised specifically to cause immediate and generational trauma? When armies use rape as both a strategy and reward for military advances, how can global communities mobilise to protect women and girls during times of conflict? Our expert panel discuss the reality of wartime sexual violence on the ground and what must be done to combat it.

Panel includes **Christina Lamb** author of *Our Bodies, Their Battlefields: What War does to Women*; Uyghur activist **Rahima Mahmut**; and Professor **Oscar Guardiola-Rivera**.

Recreation Room



Emma Yapp

11.30am-12.30pm

SHaME

Unpopular Opinions

An interactive space where people can express anger at how sexual violence is treated in our society - in the media or in public and institutional responses. Whether your anger is directed at the media, the justice system, medical and psychiatric institutions, social workers, schools or religion, we have space for you. Posters will be available for you to add your frustrations to or you can just sit with us and talk. What are your unpopular opinions about the police or psychiatrists? What can we do with our anger? No disclosures are required, this is merely a space for you to express your feelings about the treatment of sexual violence in our society. This session is led by **Emma Yapp** and **Adeline Mousson**.

Elm House

11.15am-12.30pm

Workshop

Thinking Outside the Frame – #MeToo in The (History of) Arts

An interactive workshop looking at how sexual violence and rape have been represented in the visual arts, from the 15th century to today. Come and disrupt these portrayals by taking the characters from their frames. Together we will transfer these 'frameless characters' to a new canvas; weaving together a better narrative, giving voice to the voiceless, shedding light on how visual representations shape and cement cultural norms, and helping us share experiences in a safe and supportive environment.

This session is led by **Dr Galadriel Ravelli**, **Dr Milena Romano** and **Dr Sandra Daroczi**. *This workshop has limited capacity. Places will be allocated on a first come first served basis.*

Waiting Room

12.30pm-12.45pm

Hope Box

Monika Radojevic

Monika Radojevic, the inaugural winner of the Merky Books New Writers' Prize for her poetry and author of *teeth in the back of my neck*, performs a poetry reading.

Grand Hall Hope Box

12.45pm-1pm

Hope Box

Ellice Stevens

Actor **Ellice Stevens** performs a monologue on the real life rape trial of renowned artist, Artemisia Gentileschi.

Grand Hall Hope Box

12.45pm-2pm

Report to Court: Is the System Letting us Down?

In 2020, rape prosecutions and convictions in England and Wales fell to the lowest level since records began. But why? We guide the audience through the journey of reporting incidents of sexual violence, attending Sexual Assault Referral Centres (SARCs) and giving legal testimony. From legal loopholes to record low prosecutions, panellists discuss the ways the system is letting us down, whether recent policy changes have helped and what needs to change to make the system work.

Panel includes **Helena Kennedy QC** (Chair); Director of the Interdisciplinary Research Centre for the Study of Emotion and Law **Amina Memon**; Leader of the Women's Equality Party **Mandu Reid**; lawyer and activist **Charlotte Proudman**; survivor and artist **Tashmia Owen**; and author and Senior Lecturer in Criminology **Alexandra Fanghanel**.

Members Bar



Amina Memon

1pm-2pm

The Rape Myths

One in ten 18-rated films contains an act of sexual violence, and gratuitous violence against women is often used as an artistic device to shock and enthrall audiences. The casual nature and representation of sexual assault shows how commonplace the experience has become, but why is this happening and whose fault is it? Our expert Mythbusters explore the myths and untruths around sexual assault that have entered the public imagination, and give us tips to spot some of the worst rape myths and their real life consequences.

Panel includes author of *Rape*, **Professor Joanna Bourke**; author of the critically acclaimed *Rough*, **Rachel Thompson**; critic, producer and host **Sarah Ozo-Irabor**; and scholar and writer **Mary Morgan**.

Grand Hall

1pm-2pm

Workshop

Zine Workshop with Allison McKibban and BLKMOODYBOI

The SHaME team hosts a zine workshop aimed at uncovering the historical uses of zines and historicising the *Shameless! Festival* within the anti-violence movement. Zines have long been used by survivors of sexual violence to communicate their experiences and build community. Join us for a brief history of zines in anti-violence movements, before working with Illustrator and Zine maker extraordinaire, **BLKMOODYBOI** to create a page of your own to include in the *Shameless! Festival* zine.

Elm House

1pm-2pm

Workshop

SSSHameLess Agents for Change

The personal is political. When we try to raise awareness, engage in conversations or do other things to stop or prevent sexual harm, we can find ourselves stigmatised by others, simply for engaging with the things we want to change. Trying to challenge or prevent sexual harm can mean we carry many stories of stigma or vicarious shame.

Facilitated by **Jenny Wilson**, Founder of the International Day of Consent (30 Nov #IDoConsent), performing artist and activist in residence with the SSSH! Stigmatised Sexualities and Sexual Harm Research Group (Leeds Beckett University, @SSSH_research), we invite you to explore how we as individuals can defy hostile power structures and limiting beliefs, and incite systemic change.

Join SSSH! members in sharing your unique stories, alongside ours. Create the change we all want to see, by re-telling, re-labelling and re-writing our own stories. In a simple but radical act of refusal, we can begin to change the status quo. *This session is aimed at people who work in preventing sexual harm but is open to everyone.*

Waiting Room

1pm-2pm

Workshop

Tools for Self Compassion

Shahroo Izadi, a behavioural change specialist and author of *The Kindness Method*, leads a restorative workshop to help us learn how to treat ourselves with kindness and compassion. Shahroo shares simple, evidence-based tools to help us build compassion and self-belief, and learn how to build ourselves up from the inside out.

Participants are encouraged to bring a notepad and pen.

Due to the participatory nature of the sessions taking place in the Committee Room, audience members should be aware that they may experience or encounter the disclosure of sensitive material.

Committee Room



Shahroo Izadi

1pm-2pm

The Manosphere and Misogyny: Understanding Sexual Violence Online

Sexual violence online is rapidly increasing. With the rise of revenge porn, threats of sexual violence and unsolicited, non-consensual sexual advances - and the law only trying to catch up - how do we protect ourselves online? Why are increasing numbers of men online being radicalised to discriminate against marginalised genders? What urgent measures must be taken to stop sexual violence online and how can we support survivors?

This session opens with a presentation by **Laura Bates**, author and founder of Everyday Sexism. Panel includes Bates; Movement builder of Global volunteer network of online survivor led resources Chayn, **Naomi Alexander Naidoo**; and Cybersecurity expert **Julia Slupska**.

Recreation Room

2pm-3pm

Radical Rest

"Caring for myself is not self indulgence, it is self preservation, and that is an act of political warfare" - Audre Lorde.

We understand that these conversations can be difficult. Join us for an hour of rest as we pause all programming as we take time out to practice radical rest. Explore the Marketplace in Grand Hall or simply sit and breathe.

Everywhere



Rachel Nwokoro

3pm-4pm

Healing and the Way We Survive

Healing is messy. We often hear about the journey of healing from those who have processed much of their pain, but what if you don't feel like the archetypal 'empowered survivor'? Is there space to feel angry, ambivalent or confused in discussions about recovery? Our panellists discuss why it's crucial to understand the difficult parts of healing, and hold space for the full complexity of emotions and how we survive.

This session is opened with a spoken word performance by award-winning poet and survivor **Rachel Nwokoro**. Panel includes *The Way We Survive* author, **Catriona Morton** (Chair); poet, survivor and founder of Black Mind **Rachel Nwokoro**; speaker and activist **Sabah Choudrey**; artist and survivor **Tashmia Owen**; and therapist **Davina Dobbs**.

Grand Hall

AT A GLANCE GUIDE

| VENUE | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm |
|---|--|---|---------------------------------------|--|------------------------------------|--|---|-----------------------------|---|
| Grand Hall  | 10-10:15am Opening Session | 10.20-11.15am Everyday Sexual Violence and What We Can Do About It | 11.30am, 12.30pm On the Front Line | 1-2pm The Rape Myths | 2pm-3pm Radical Rest Everywhere | 3-4pm Healing and the Way we Survive | 4.30-5.30pm Consent | 5.35-6pm Closing Session | |
| Members Bar | | 10.20-11.15am Triggered | 11.30am-12.30pm Power | 12.45-2pm Report to Court: Is the System Letting us Down? | | 3-4pm Maryland | 4.30-5.30pm Create Rape Free Worlds | | |
| Hope Box (Grand Hall) | | 11.15-11.30am Shareefa Energy | | 12.30-12.45pm Monika Radojevic 12.45-1pm Ellice Stevens | | | 4-4.15pm Curmiah Lisette 4.15-4.30pm Sangeeta Pillai | | |
| Recreation Room | 10.20-11.15am Breaking Convention with Creativity | 11.30am-12.30pm Rape as a Weapon of War | | 1-2pm The Manosphere and Misogyny | | 3-4pm Male Survivors and Masculinity | 4.30-5.30pm Big Ideas | | 6-7pm Film: Women's Voices from Sub-Saharan Africa |
| Waiting Room | 10.20-11am SHaME: Rethinking Resistance | 11.15am-12.30pm Workshop: Thinking Outside the Frame | | 1-2pm Workshop: SSSHameLess Agents for Change | | 3-4pm Workshop: My Story, My Words | 4.30-5.30pm Workshop: My Story, My Words | | |
| Committee Room | 10.20-11.15am Workshop: How to Be a Supportive Friend | 11.30am-12.30pm Workshop: Healing Circle for Survivors of Childhood Sexual Assault | | 1-2pm Workshop: Tools for Self Compassion | | 3-4pm Pleasure | 4.30-5.30pm Drop in sharing session | | |
| Scratch Bar | | | | | | | | | 6-7pm Poetic Unity - A 'Safe Space' Poetry Hour |
| Elm House | 10.20-11.15am SHaME: History Investigators | 11.30am-12.30pm SHaME: Unpopular Opinions | | 1-2pm Workshop: Zine Workshop | | 3-4pm A Close Reading of the Right to Sex | 4.30-5.30pm Protest and Your Rights with Sisters Uncut | | |

3pm-4pm

A Close Reading of the Right to Sex

Do we have a right to sex? Is consent the foundation for sexual liberation or just another false promise? Does pornography reflect our desires or shape them? Why do some acts of gendered violence become public conversations while others rarely make headlines? Are those who state racial preferences on dating apps responding to racial hierarchies or enacting them? *The Right to Sex*, Amia Srinivasan's philosophical treatise on contemporary feminism, begins from the premise that sex is always political. Writer **Bryony White** and author **Amelia Horgan** will lead a close reading and discussion.

Elm House

3pm-4pm

Performance Maryland

Watch this script-in-hand performance of Lucy Kirkwood's *Maryland*, an immediate, extraordinary, communal rallying cry in response to the normalising of horrific actions being committed against all women and victims of gendered violence.

Maryland was performed at the Royal Court Theatre over three weeks with a rolling cast of 50 actors and has been made available for people to stage their own readings around the country. So far 122 have requested to do a reading of the play. Co-directed by **Milli Bhatia**, **Vicky Featherstone** and **Lucy Morrison**.

This performance is followed by an in conversation between WOW Founder **Jude Kelly** and **Vicky Featherstone**.

Please note: latecomers for this session will not be admitted.

Members Bar

3pm-4pm

Pleasure

Pleasure is political, it's our birthright and an essential part of thriving in a challenging world. In this workshop, facilitated by therapist **Phil Moore**, we will be exploring the role of pleasure in our healing journey and the invitation to come home to the body after traumatic experiences. We will also explore how we can integrate pleasure in everyday life, for more empowerment, freedom and growth.

Due to the participatory nature of the sessions taking place in the Committee Room, audience members should be aware that they may experience or encounter the disclosure of sensitive material.

Committee Room



Phil Moore



Tanaka Mhishi

3pm-4pm

Male Survivors and Masculinity

This panel session will discuss the ways in which men are socialised and the lack of spaces for male survivors. We ask why their needs are often overlooked, how we can challenge the elements of masculinity that normalise violence, and how together we create a better society for all. This session opens with a poetry performance by **Tanaka Mhishi**.

Panel includes poet and performer **Tanaka Mhishi**, Beyond Equality spokesperson **Ben Hurst** and academic **George Severs**.

Recreation Room

3pm-4pm, 4.30pm-5.30pm

Workshop

My Story, My Words: A Clear Lines Creative Writing Workshop for Survivors of Sexual Abuse or Violence

These two creative writing workshops are suitable for anyone who has experienced sexual violence or abuse – you don't have to be an experienced writer. Warm, friendly and inclusive, it will be facilitated by novelist **Winnie M Li** and poet **Clare Shaw**, both award-winning authors and survivors themselves, who believe that writing about trauma can be a healing and transformative act.

Please note that this is not a therapy group: our focus is creative writing. You can expect friendly chat, writing exercises – and a supportive, understanding atmosphere.

This event is in partnership with Clear Lines Festival, the UK's first-ever festival dedicated to addressing sexual assault and consent through the arts and discussion.

These workshops have limited capacity. Please sign-up before the event via the sign-up sheet outside the Waiting Room.

Waiting Room

4pm-4.15pm

Hope Box

Curmiah Lisette

A performance by award-winning St Lucian-British poet, educator and performer **Curmiah Lisette**.

Grand Hall Hope Box

4.15pm-4.30pm

Hope Box

Sangeeta Pillai

Sangeeta Pillai, an award-winning podcaster and Founder of the South Asian feminist network Soul Sutra, gives a short talk about shame in the South Asian community.

Grand Hall Hope Box

4.30pm-5.30pm

Big Ideas

Big Ideas are a staple part of any WOW Festival, and we're proud to introduce them at Shameless! Festival - major talks, thoughts and ideas from people you'll know and those we think you should. Big Ideas will be presented by **Thuto Mali**, **Allison McKibban**, **Mamatha Isha Sumah** and **Valentino Vecchietti**.

Recreation Room

4.30pm-5.30pm

How to Create Rape Free Worlds

And now for some good news! There are ways we can create a rape free world. To be successful, campaigns against sexual violence will require us to focus on locality, diversity, pleasure and the

body. Join **Professor Joanna Bourke** for a lively and optimistic talk (based on her forthcoming book *Disgrace*) about what each of us can do.

Members Bar



Professor Joanna Bourke

4.30pm-5.30pm

Consent

From marital rape to stealthing, throughout the decades our understanding of consent has become much more complex. As our understanding of the ethics of sexual encounters deepen, our panel of activists and academics ask whether we need new language and education around consent and sexual violence.

Panel includes **Jude Kelly**; performer and member of consent collective **Tanaka Mhishi**; academic **Jacqueline Rose**; founder of Everyone's Invited **Soma Sara** and Disability activist **Dr Amy Kavanagh**.

Grand Hall

4.30pm-5.30pm

Protest and Your Rights with Sisters Uncut

What are our rights to protest and what are the different ways to raise our voices against systemic violence? Join this practical session delivered by **Victoria Beyai** from Sisters Uncut and discover more about their work and what you can do.

These workshops have limited capacity. Please sign-up before the event via the sign-up sheet outside Elm House.

Elm House

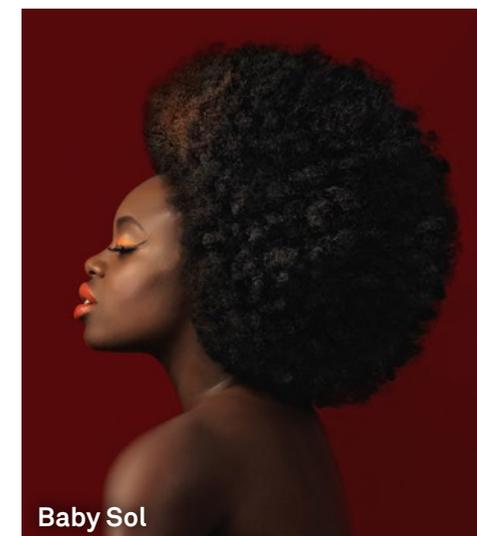
4.30pm-5.30pm

Drop in sharing session

Our lived experience and the knowledge and resilience we have gained from it is a powerful and moving part of our process. Therapist **Phil Moore** will hold a sharing space offering an opportunity for anyone who feels able to share their experience with others in a supportive and confidential space.

Due to the participatory nature of the sessions taking place in the Committee Room, audience members should be aware that they may experience or encounter the disclosure of sensitive material.

Committee Room



Baby Sol

5.35pm-6pm

Closing Session

Join the Shameless! Festival Founders **Professor Joanna Bourke** and **Jude Kelly** for closing remarks and reflections on the day. Featuring a performance by **Baby Sol**.

Grand Hall



Jayda David

6pm-7pm Gender-Based Violence and Mental Health: Women's Voices from Sub-Saharan Africa

Sexual violence against women and girls is acknowledged by the World Health Organization as an important and detrimental social determinant of physical and mental health. However, women's stories of how sexual violence impacts on their mental health are rarely heard, particularly if those women are from the Global South. This session will screen anonymised video testimonies sharing the lived experiences of survivors of sexual violence in sub-Saharan African, prepared collaboratively with women and members of the international violence, abuse and mental health network (iVAMHN) housed at King's College London. After the film there'll be a panel discussion featuring **Roxanne Keynejad** and **Naana Otoo-Oyortey**.

Recreation Room

6pm-7pm Poetic Unity - A 'Safe Space' Poetry Hour

Poetic Unity presents 'Safe Space', an evening of poetry and spoken word confronting attitudes towards sexual violence and advocating for a safer world for women and girls. The event will feature four amazing poets: rising musician from Myanmar **Phe Phe**; spoken word artist and facilitator **Jayda David**; actress, writer and spoken word artist **Demii Walker** and west London poet **Reya Saint**.

Poetic Unity is a Brixton based charity that provides support and services for young people across the UK. Its vision is to give young people a voice and to empower them to reach their highest potential. They use poetry as a tool to support young people's mental health, education, personal development, physical health, and community cohesion.

Scratch Bar, Performance

EMILY RATAJKOWSKI IN CONVERSATION AT SHAMELESS! FESTIVAL

New York Times bestselling author and actor Emily Ratajkowski joins WOW - Women of the World Founder Jude Kelly at Shameless! Festival for an unmissable conversation on her new book *My Body*, a deeply honest and personal exploration of what it means to be a woman today.

Join Emily for this very special evening as she reflects on her ground-breaking book, what it means to be a woman in a world that consumes, commodifies and violates women's bodies, and the contempt that often accompanies taking back ownership of the narrative.

She will discuss the reach and power of feminist thought, the #MeToo movement, and the blurred lines between consent and abuse; a subject explored in her powerful book of essays *My Body*.

Emily Ratajkowski is an acclaimed model and actress, an engaged political progressive, a formidable entrepreneur, a global social media phenomenon, and now, a writer. Rocketing to world fame at age twenty-one, Ratajkowski sparked both praise and furore with the provocative display of her body as an unapologetic statement of feminist



empowerment. The subsequent evolution in her thinking about our culture's commodification of women is the subject of this book.

7.30pm, Grand Hall
PWYC (suggested price £12)
BSL interpreted by Performance
Interpreting, Captioned by My Clear Text

SHAMELESS! FESTIVAL TOOLKIT

Five things everyone can do to be Shameless

1. **Talk** to friends, family, and acquaintances about cultures of sexual humiliation, abuse and consent and listen to what they think are important ways to counter it
2. **Be creative.** Art, literature, poetry, film, performance, theatre and music have the power to change people's minds
3. **Celebrate** the achievements of girls, women and non-binary people, and explore the ways they (and their allies amongst all genders) have fought for better lives for everyone. Don't be shy in challenging racism, sexism and all other forms of discrimination when you hear or see it
4. **Examine** how many rape myths and ideas you have been taught to believe. Ask whether you are carrying shame or imposing shame because of them. Work to unlearn the bias you've been brought up on
5. **Write** to newspapers or media platforms every time a report contains inferences of victim blame

Five things to emotionally consider

1. How can I become more positive about creating a rape free world?
2. What are my spheres of influence and how can I work within them to make a difference?
3. Have I been harmed by the sexist culture, and how can I help heal myself before reaching out to others?
4. Don't expect healing to be linear. It isn't a simple upward curve. Don't blame yourself further by feeling you 'ought' to have dealt with it by now
5. Don't internally minimise your own experience by making it relative to worse examples others have been subjected to. You are entitled to feel a full sense of anger

Shameless! Festival Reading List

Dark Chapter by Winnie M Li

Little You by Rachel Nwokoro

Misjustice: How British Law is Failing Women by Helena Kennedy

On Violence and On Violence Against Women by Jacqueline Rose

Our Bodies Their Battlefields: What War does to Women by Christina Lamb

Rape: A History from the 1860s to the Present by Joanna Bourke

The Right to Sex by Amia Srinivisan

Rough by Rachel Thompson

Screw Consent. A Better Politics of Sexual Justice by Joseph J. Fischel

Sex and Crime (Key Approaches to Criminology) by Alex Fanghanel

Supporting Someone After Sexual Assault by Mary Morgan - available to read at missmarymorgan.com

Supporting Trans People of Colour: How to Make Your Practice Inclusive by Sabah Choudrey

The Way we Survive: Notes on Rape Culture by Catriona Morton

Read our full reading list at
[thewowfoundation.com/
festival/shameless-festival](http://thewowfoundation.com/festival/shameless-festival)



SHAMELESS! FESTIVAL'S CODE OF CONDUCT

“It is not our differences that divide us. It is our inability to recognise, accept and celebrate those differences”

Audre Lorde

Shameless! Festival organisers WOW and SHaME are passionate about creating safe, inclusive, intersectional and respectful spaces for debate and dialogue. For this festival we are using WOW's existing code of conduct as follows, and have expanded it to make sure we are creating as safe a space as possible for survivors of sexual violence and everyone attending the festival:

- We ask you to show up with empathy. We believe that empathy is not only infinite, it is renewable. The more empathy we infuse into our behaviour and culture, the more there is to go around
- Please note that empathy is not connecting to an experience, it's connecting and validating the emotions that connect the experience
- We ask you to extend the most generous interpretation to the intentions, words and actions of others. Our assumption of generosity puts our faith in people that they are doing the best they can
- We ask you to join us in creating a space that enables each other to ask for what we need and to talk about how we feel without judgment - doing this will enable us to collectively develop strategies for hope
- We ask you to refer to those who have suffered abuse as survivors not victims, and to acknowledge and applaud the strength it takes to survive
- We ask you to acknowledge that people have different levels of support systems
- We ask you to be mindful that people can be triggered by lots of different factors, some which may not be clear or obvious
- It is okay to take some time out or to leave for any reason, no explanation needed
- We believe that people can be vulnerable and treated with dignity and respect
- Shameless! Festival is inclusive of all genders. Sexual violence affects all communities and all genders and this is reflected across our festival programme

If you are affected by the themes discussed at the festival, please know that you are not alone. You can:

- Speak to one of our qualified therapists on site in a quiet confidential setting
- Ring the Survivors Trust helpline on 0808 801 0818 (open 10am-5pm on the day of the festival)
- Refer to one of the recommended helplines
- Take some time out, get a cuppa, chat to a member of the WOW or SHaME team

Help to create a safe space for all participants.

- Be an active bystander - if you see abuse happening, report it to a WOW member of staff or front of house staff immediately and show kindness to the person who is experiencing the abuse
- Have an open mind - be prepared to unlearn patterns of behavior or ideologies
- Show up to our events from a place of curiosity, learning and respect
- Recognise and value diversity
- Respect the privacy of participants
- Be aware of language diversity
- Handle disagreement constructively
- Call out biases or prejudices, but refrain from shaming

We are committed to protecting and safeguarding all of our participants and speakers. We do not tolerate:

- Offensive language and comments relating to gender, gender identity and expression, sexual orientation, disability, mental illness, neuro (a)typicality, physical appearance, body size, age, race, ethnicity, culture, political opinion, age, skill level, occupation, background or religion

- Harassment and stalking
- Harassing photography or recording
- Hate speech, inflammatory or derogatory language
- Discrimination of any kind, including micro-aggressions or subtle displays of prejudice
- Violence, incitement or threats of violence or intimidation
- Personal attacks
- Encouraging behaviour that violates the code of conduct
- Unwelcome sexual attention or physical contact
- Sexually explicit, violent or triggering material that is not contextualised and preceded by a warning
- Deliberate misgendering or use of 'deadnames' or rejected names
- Deliberate "outing" of any aspect of a person's identity without their consent except as necessary to protect vulnerable people from intentional abuse

Participants who are asked to stop any kind of the above behaviour are expected to comply immediately. If a participant engages in any of the above behaviour, the WOW team may take any action we deem appropriate, up to and including expulsion from all event space.

Reporting

Please contact a WOW member of staff immediately if you are experiencing any form of harassment or discrimination, or if you feel unsafe.

Read the Code of Conduct in full at thewowfoundation.com/code-of-conduct



NOTES

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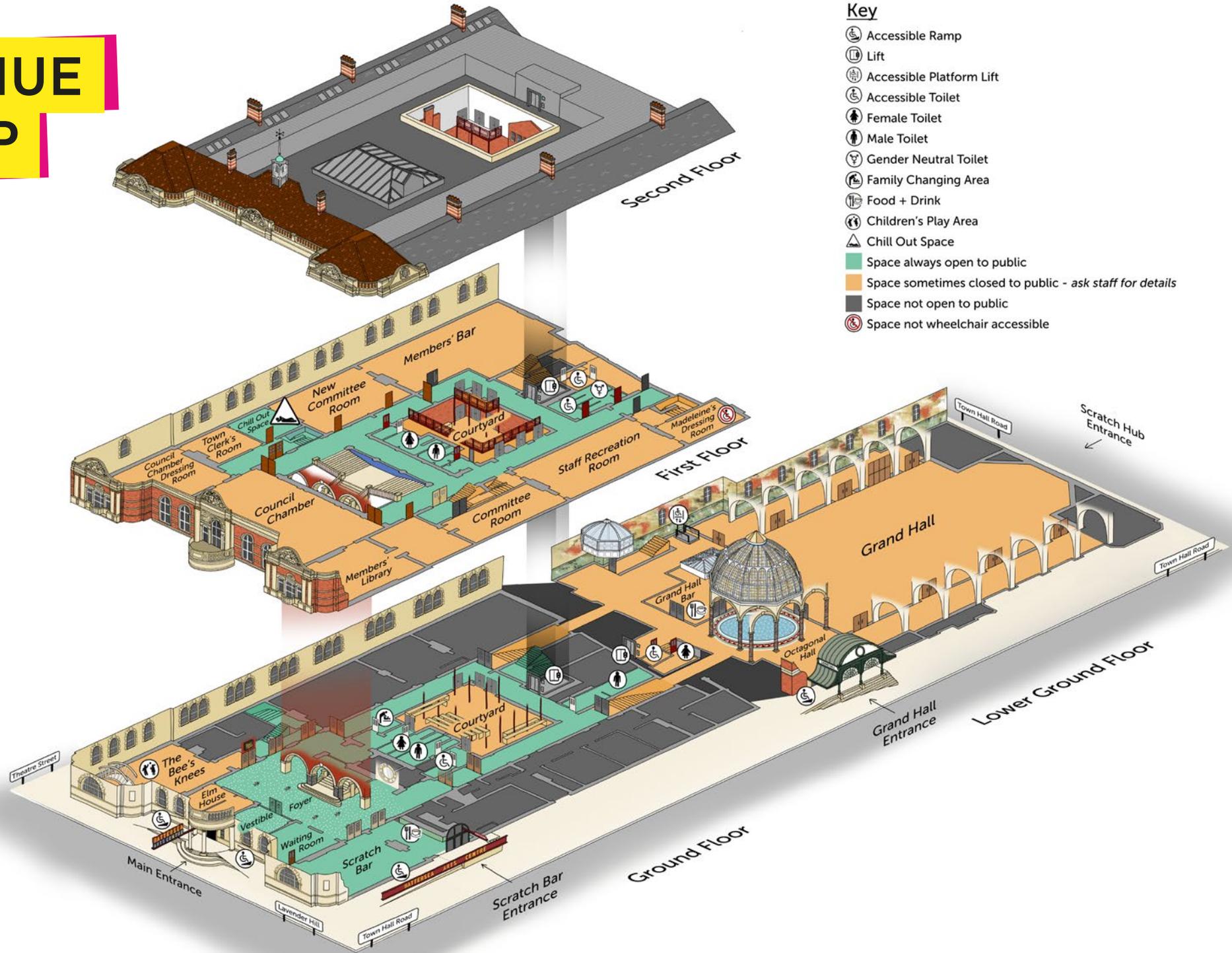


A space for your thoughts, books you want to read, people to Google and organisations to research.

Lined writing area for page 29, consisting of 20 horizontal pink lines.



VENUE MAP



FESTIVAL INFORMATION



Support

There are qualified therapists on-site throughout the day if you need any support and would like to talk to someone. Please enquire at The Survivors Trust stand in the Grand Hall.

The Survivors Trust helpline for support, advice and information is operating extended hours today to support festivalgoers and will be open from 10am-5pm. You can call on 0808 801 0818 or visit thesurvivorstrust.org/find-support.

For more resources and places to find support, visit thewowfoundation.com/festival/shameless-festival or scan the QR code above.

Your Shameless! Festival Pass

If you are attending during the day, you will receive a Shameless! Festival wristband that gives you access to the sessions taking place from 10am-6pm. You don't need to book for individual sessions unless it explicitly states to do so in this brochure. In the smaller capacity rooms, spaces are offered on a first come first served basis.

Free Events

You're invited to two free events taking place from 6pm-7pm: **Poetic Unity - A 'Safe Space' Poetry Hour** in the Scratch Bar or **Gender-Based Violence and Mental Health: Women's Voices from Sub-Saharan Africa** in the Recreation Room. No need to book, just turn up!

Ticketed Event

The evening will conclude with a separately ticketed event - Emily Ratajkowski in Conversation. At the time of going to print the event was sold out, but please enquire at the box office for more information.

Assisted Performances

Events in the Grand Hall are live captioned by My Clear Text. Emily Ratajkowski in Conversation is BSL interpreted by Performance Interpreting and captioned by My Clear Text.

All information in the brochure is correct at the time of going to print, and line-ups may be subject to change.

#ShamelessFestival